

WEEK	MON	TUES	WED	THURS	FRI
1	Baked beans on toast	Dip, cheese, crackers & veg sticks	Yogurt with berries	Pasta Bake	Apple muffins
2	Dip, cheese, crackers & veg sticks	Yogurt with berries	Pasta Bake	Apple muffins	Baked beans on toast
3	Brownies	Flatbread, dip & veg sticks	Flatbread nachos	Cheese & jatz	Trail Mix
4	Flatbread, dip & veg sticks	Nachos	Cheese & jatz	Trail Mix	Brownies
5	Trail Mix	Brownies	Flatbread, dip & veg sticks	Flatbread nachos	Cheese & jatz
6	Pasta bake	Apple muffins	Baked beans on toast	Dip, cheese, crackers & veg sticks	Yogurt with berries
7	Yogurt with berries	Pasta Bake	Apple muffins	Baked beans on toast	Dip, cheese, crackers & veg sticks
8	Apple muffins	Baked beans on toast	Dip, cheese, crackers & veg sticks	Yogurt with berries	Pasta bake
9	Flatbread nachos	Cheese & jatz	Trail Mix	Brownies	Flatbread, dip & veg sticks
10	Cheese & jatz	Brownies	Flatbread, dip & veg sticks	Trail Mix	Flatbread nachos